

# Armed Forces College of Medicine AFCM



# Pathology of Lung Tumors

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### **INTENDED LEARNING OBJECTIVES (ILO)**



# By the end of this lecture the student will be able to:

- 1. Enumerate epithelial and mesenchymal lung tumors
- 2. Determine lung hamartoma
- 3. Describe the pathology of carcinoid tumor of the lung
- 4. Describe the pathology of different types of bronchogenic carcinoma
- 5. Explain effects and spread of bronchogenic carcinoma

### **Lecture Plan**



- 1. Part 1 (5 min) Introduction
- 2. Part 2 (35 min) Main lecture
- 3. Part 3 (5 min) Summary
- 4. Lecture Quiz (5 min)

### Pathology of lung tumors



Lungs are frequently affected by metastasis but primary lung

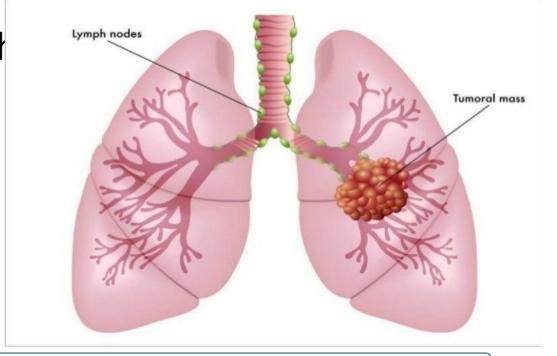
cancer is also a common disease. Roughly 95% of primary

lung tumors are carcinomas. The carcinoids,

mesenchymal malignancies,

lymphomas

and few benign tumors.



# **Epithelial tumors of the lung**



## Benign

- Papilloma
- Adenoma

# Locally malignant

- Carcinoid Tumors
- Carcinoma In situ

### Malignant

- Squamous cell carcinoma
- Small cell carcinoma
- Adenocarcinoma
- Acinar (predominant)
- Papillary (predominant)
- Lepidic predominant (formerly bronchioloalveola r)
- Solid predominant with mucin formation
- Large cell carcinoma

## **Other Lung**



# MESENCHYMAL TUMOURS

Fibroma, fibrosarcoma, leiomyoma, leiomyosarcoma, chondroma, hemangioma, lymphngioma

### **MISCELLANEOUS TUMOURS:**

Pulmonary blastoma Malignant lymphoma Malignant melanoma Carcinosarcoma

**SECONDARIES:** From the breast, kidney, stomach, ...etc

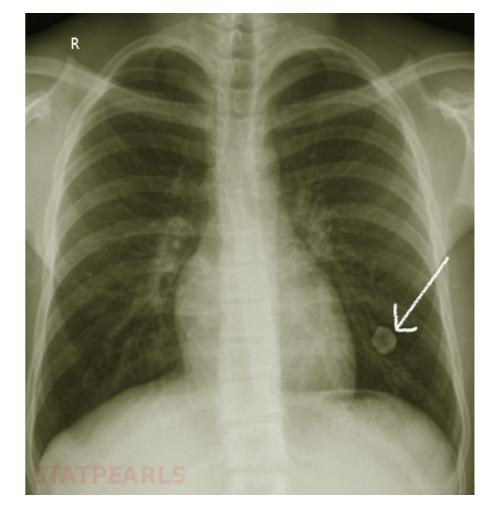
### **Pulmonary hamartoma**



### It is a benign tumor;

occurs more commonly in middle-aged adults but also occurs in children. They appear as **coin lesion** on chest x-ray.

It is a local malformation or overgrowth of local cells, caused by genetic abnormality that affects the developmental cycle of multiple cells



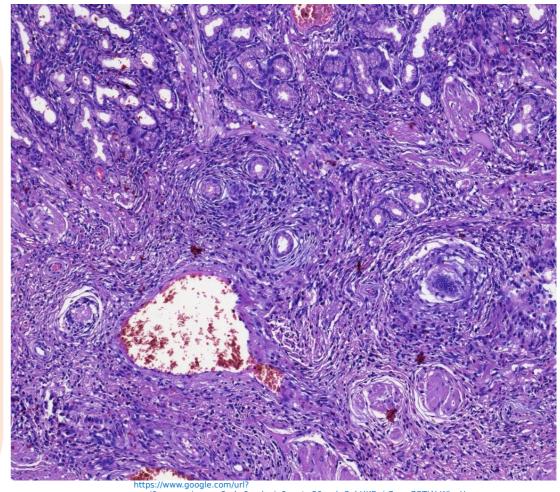
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### **Pulmonary hamartoma**



Microscopically, hamartoma is comprised of non-encapsulated mixture of cartilage, connective tissue, muscles, fat and bone. **Carney triad** is the finding of a hamartoma with:

- 1- Predominantly cartilaginous component (pulmonary chondroma),
  - 2- Extra-adrenal paraganglioma
- 3- Gastric gastrointestinal stromal tumor.



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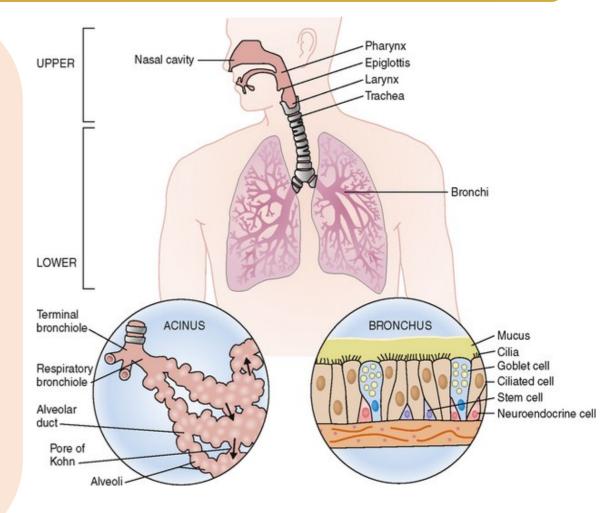
They are malignant tumors arising from <u>neuroendocrine cells</u> of the bronchial epithelium.

They may secrete hormonally active <u>polypeptides (serotonin)</u>

They are classified into:

- Typical (low grade) carcinoid
- Atypical (intermediate grade) carcinoid.

**Incidence:** more common in females, usually occurs before the age of 40 years.



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### **Grossly:**

- ☐ Most carcinoids originate in *main bronchi*
- ☐ Grow in one out of two patterns

  A spherical mass less than 4 cm in diameter covered by intact mucosa. The mass projects into the bronchial lumen

Sometimes the growth projects in the lumen of the bronchus and invades the surrounding lung tissue forming a <u>dumb</u> <u>bell-shaped</u> tumor.

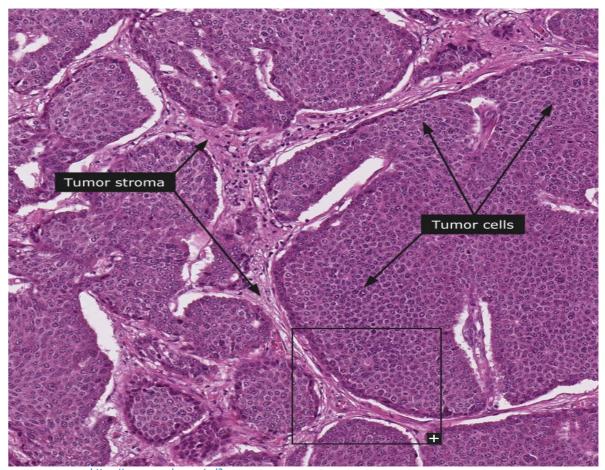


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### Microscopically; 1-Typical carcinoids

- •Nests of uniform small cells with regular round nuclei separated by delicate fibrous stroma
- Absent or rare mitosis
- No necrosis
- •The cells contain argyrophilic granules that can be shown by silver stains



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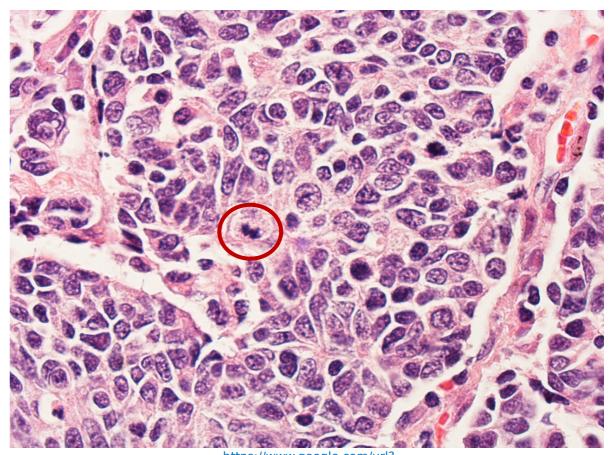
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# 2-Atypical carcinoid

Is the term given to more aggressive carcinoids characterized by

- ➤ Higher mitotic rate
- Focal necrosis.



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### **Effects**

1-Persistent cough and hemop

2-Bronchial obstruction.

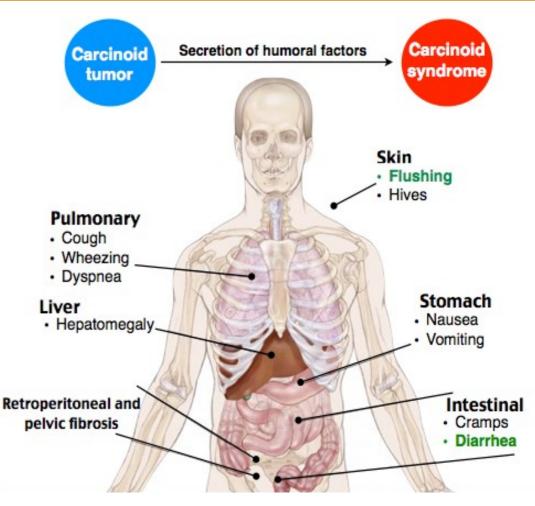
3-Carcinoid syndrome (10%)

Due to release of serotonin)

causing Intermittent attacks of diarrhea

4-Metastasis in hilar nodes (6-& distant metastases (5%)

(in atypical carcinoids)



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### **Incidence:**

more common in males than females.

### Age:

usually more than 40 years.

Its incidence is high *in industrial countries* and is increased with the volume of industrial development.



### **Predisposing factors:**

- 1- Heavy tobacco smoking due to the polycyclic aromatic hydrocarbon content of tobacco. The *squamous cell carcinoma* and *small cell carcinoma* showed the strongest association with smoking, while *adenocarcinoma* is the most common tumor in females and non-smokers.
- 2- Industrial hazards: e.g. irradiation, charcoal, arsenics, beryllium, iron, newspaper workers and gold miners.
- 3- Air pollution.
- 4- Silicosis and asbestosis.



- 5- Pulmonary scarring.
- 6- Genetic predisposition.
- 6- Bronchiectasis (due to squamous metaplasia).

Common genetic mutations in lung cancer involve the oncogenes MYCL (small cellcarcinomas) and KRAS (adenocarcinomas); tumor suppressor genes: TP53 and RB1.



### **Grossly:**

# 1- Central type (85%):

Arises from the main bronchus near the hilum of the lung (Hilar type) as polypoidal, ulcerative or annular growth. Squamous cell carcinoma, small cell carcinoma and large *cell carcinomas* are central tumors.



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### **Grossly:**

# 2- Peripheral type (15%):

A small number of primary carcinoma of the lung arises in the periphery of the lung from <u>alveolar septal</u> cells and terminal bronchioles and forms a single or multiple nodular growths. Adenocarcinomas are peripheral tumors.



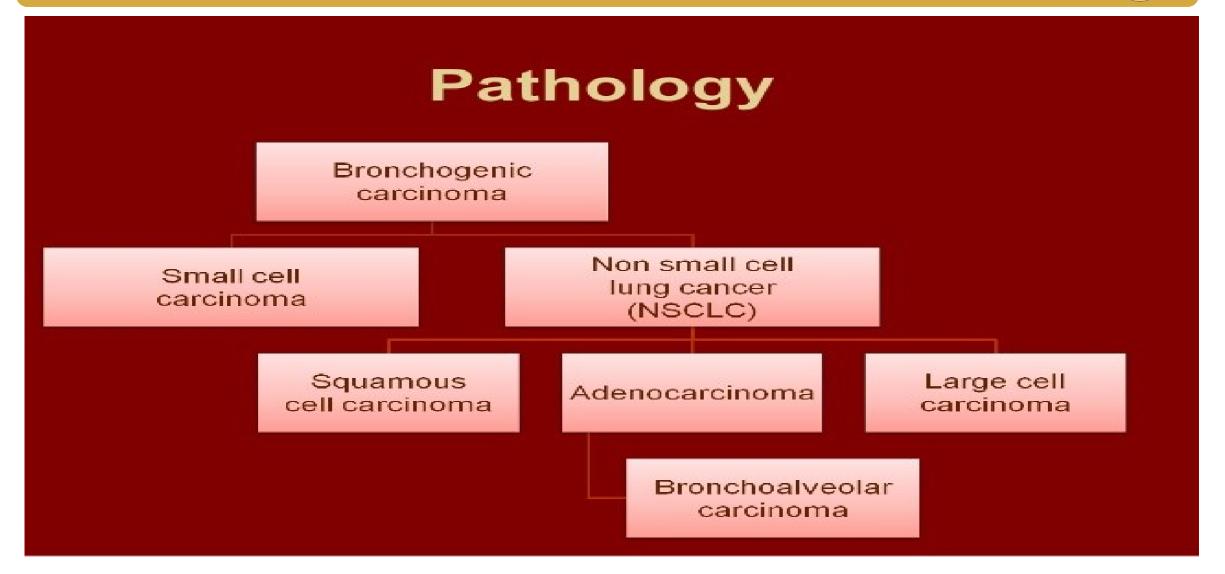
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### Microscopic picture of bronchogenic carcinoma())





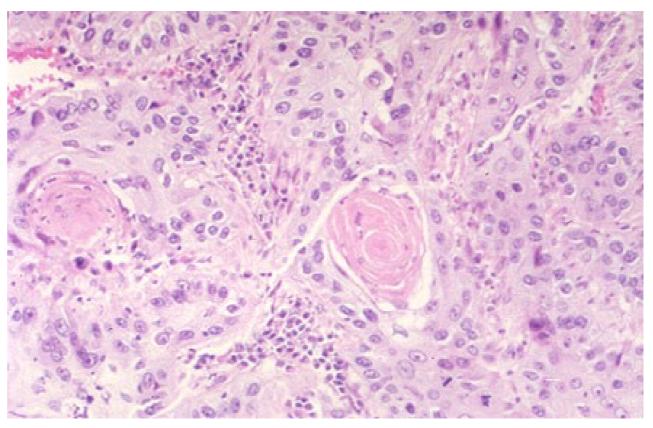
# Microscopic picture of bronchogenic carcinoma()

carcinoma: It is the most common type and it is more common in males.

**Etiology:** it has strong relation to tobacco *smoking* and usually preceded by long standing squamous metaplasia of the bronchial epithelium.

**Site:** it usually arises in the *main bronchus* 

### Metaplasia → Dysplasia → Carcinoma in situ → Invasive carcinoma

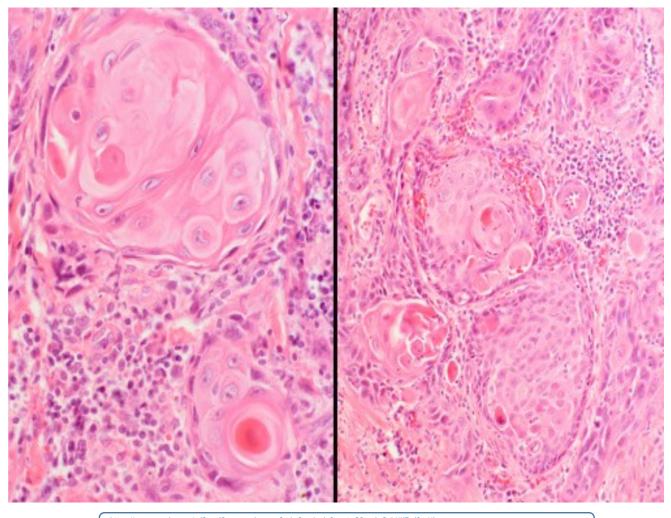


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### **Microscopically:**

it consists of islands of invading malignant squamous epithelial cells but keratinization is not common (undifferentiated). Tumor cells are positive for CK5/6 ( 100% of cases).



The Lines

# Adenocarcinoma:

the least common type **Incidence:** more common in females and non smokers.

**Etiology:** not related to smoking.

**Site:** occurs mainly in peripheral location of the lung.

**Grossly**: may be papillary or solid and

Microscopically: consists of malignant glands(acinar) or papillae or may be mucinous (formerly known as bronchiloalveolar carcinoma mucinous



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%2Fwww.dreamstime.com%2Flung-adenocarcinoma-light-micrograph-photo-under-microscopeimaqe130900928&psiq=AOvVaw0HUbBYIwqTzEACawclirEe&ust=1564905240586236



# 3- Small cell carcinoma (oat all carcinoma):

Rapidly growing anaplastic tumor.

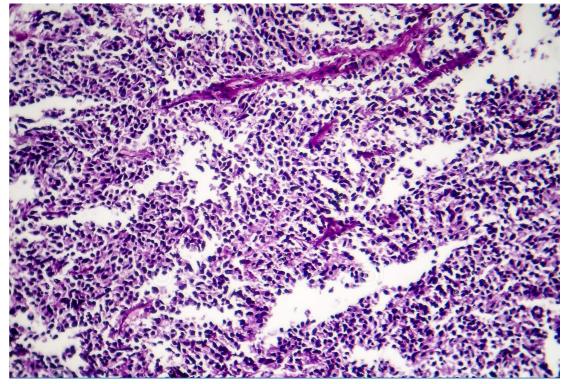
Incidence: next in frequency to squamous cell carcinoma.

Etiology: it has a relation to heavy smoking.

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**Site:** in the central portion of the lung near the hilum.

Microscopically: formed of sheets of uniform small rounded or oval cells with dark central nucleus and scanty cytoplasm. The cells contain <u>dense coarse</u> <u>neurosecretory granules</u>. This type is usually associated with paraneoplastic syndrome [Especially Cushing's syndrome].



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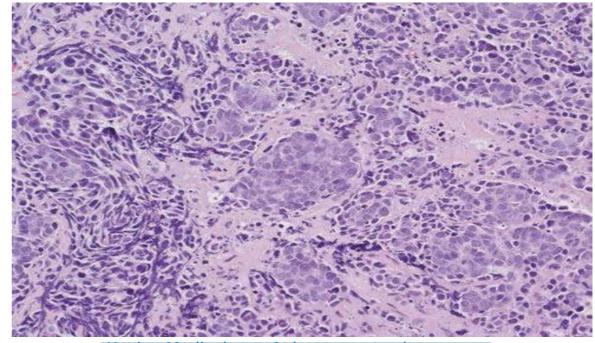
Small cell carcinoma has a strong association with smoking, and affects males more than females.

This neuroendocrine tumor is very aggressive, with rapid growth and early dissemination.

Small cell carcinoma is commonly associated with paraneoplastic syndromes.

Tumor cells are positive for neuroendocrine markers such as **synaptophysin**.

Cell proliferation is almost 100% (Assessed by Ki 67).



Kaplan Medical step 1, lecture notes in Pathology: Chapter 14, Respiratory system, pp. 125-143, 2017.

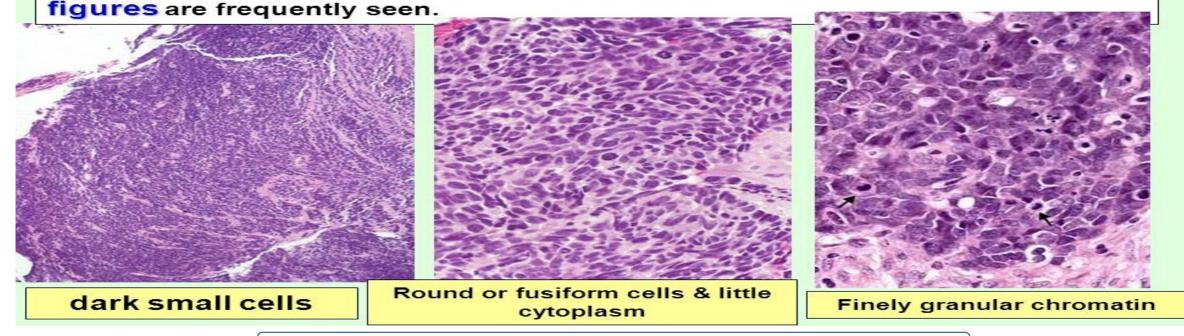


#### Small Cell Carcinoma

It appears as a pale grey <u>centrally</u> located mass with extension into the lung parenchyma.

It involves the hilar & mediastinal lymph nodes early.

Microscopic: It is composed of tumour cells with a round, oval or fusiform shape with scanty cytoplasm and a finely granular chromatin. Mitotic



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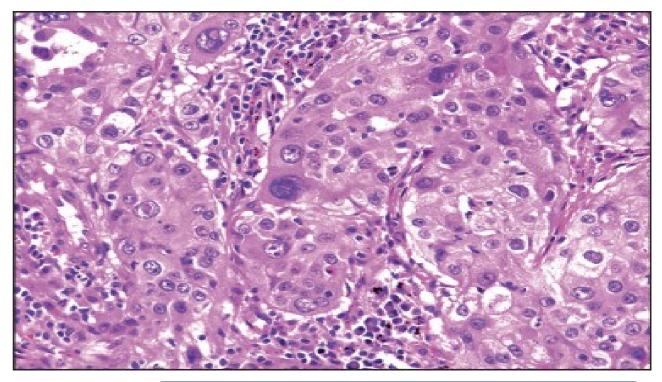


4- Large cell carcinoma: Includes large cell anaplastic carcinomas and giant cell carcinoma.

**Site:** central in location.

The tumor cells are positive fro **CK7 &TTF1** 

Microscopically: Shows all shapes and sizes of cells with no distinctive characteristics.



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### Effects of lung carcinoma:

- 1. Bronchial obstruction.
- 2. Hemoptysis.
- 3. Hemorrhagic pleural effusion.
- 4. Paraneoplasticsyndrome (hypercalcaemia, clubbing of fingers, Cushing



### Spread of lung carcinoma:

- 1- Direct spread to the lung, pleura, and mediastinal structures.
- 2- Lymphatic spread to the hilar, mediastinal and supraclavicular lymph nodes.
- 3- Blood spread through:
  - a- The pulmonary artery to the lungs
  - b- The pulmonary veins to the liver, brain, bones and

Cardiopulmonary Module in

### **Bronchioloalveolar Carcinoma**



Rare Malignant tumor as a type of pulmonary adenocarcinoma.

### **Gross:**

Solitary, diffuse pneumonia –like growth or multiple( multicentric).

Microscopic: The alveloli& bronchiloes are lined by malignant cells. TWO PATTERN

Mucinous: Columnar mucin secreting cells.

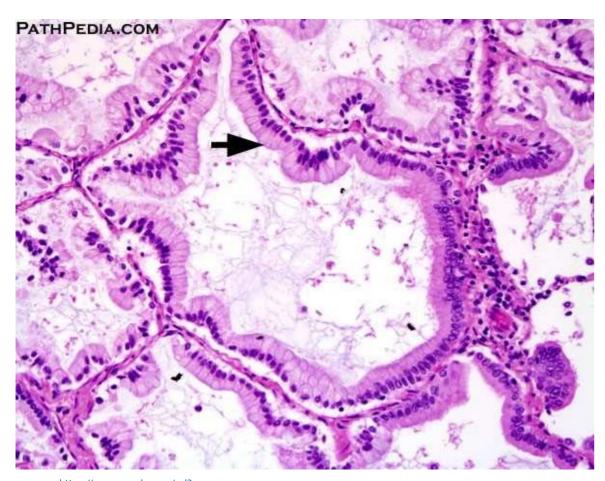
Non Mucinous: Cuboidal & eosinophilic. (Better prognosis)

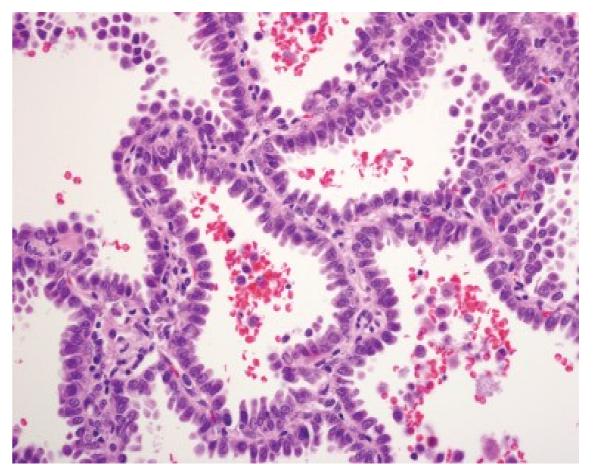
### **Prognosis:**

-BETTER than classic adenocarcinoma

### **Bronchioloalveolar Carcinoma**







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%2Fbronchioloalveolar carcinoma mucinous.aspx&psig=AOvVaw35NLrc1y4dwmCC1vbc0

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%2FS1556086415300046&psig=AOvVaw35NLrc1v4dwmCC1vbc0kTF&ust=15652421163\_ 25939

### Secondary (metastatic) tumors of the lung



- Both sarcomas & carcinomas reach the lung via lymphatic
   blood streams.
- •The metastasis reach the lung either by the pulmonary artery, the bronchial artery, retrograde lymphatic spread [from the breast] or direct spread from surroundings.
- •Carcinomas of breast, thyroid, kidney, prostate and placenta [choriocarcinoma] and sarcomas reach the lung via the blood stream.

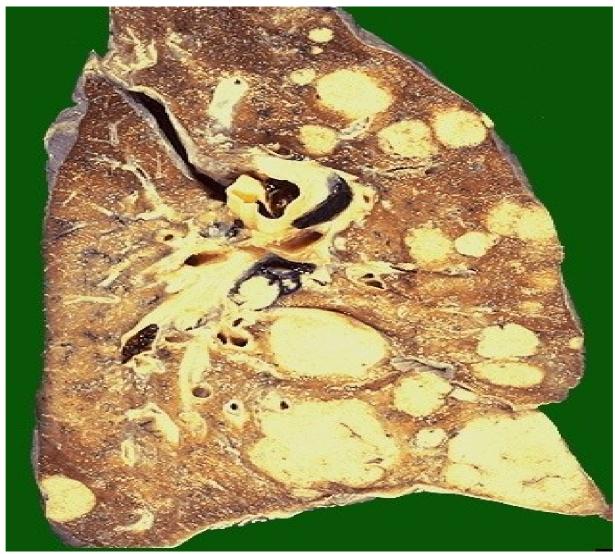
# Secondary (metastatic) tumors of the lung





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9/11/24 Cardiopulmonary Module

## **Hemoptysis**



#### **Definition:**

Coughing of frothy blood, red in color and mixed with sputum and air. The blood should be originating from below the vocal cords to be called hemoptysis.

#### **Causes:**

2- Lung diseases:

1- Diseases of Bronchi: Bronchitis

**Bronchiectasis** 

Carcinoid tumor and bronchogenic carcinoma

Pulmonary tuberculosis and actinomycosis.

Chronic venous congestion of the lung

Pulmonary infarction.

lung abscess.

Primary and metastatic tumors of the lung.

**3- General:** Blood diseases as purpura, hemophilia, and leukemia. Scurvy and vitamins deficiency

### **Lecture Quiz**



A male patient aged 55 years suffers from chronic cough since six month, recently he started to show clinical manifestations of Cushing syndrome. Examination revealed nothing in the suprarenal gland, but X ray chest shows central mass. What is the most possible diagnosis?

- a- Squamous cell carcinoma of the lung
- b- Adenocarcinoma of the lung
  - c- Small cell carcinoma of the lung
  - d- Metastatic carcinoma of the lung

### **Lecture Quiz**



Match true of false:

1-The common gene mutation in squamous cell carcinoma of the lung involves the oncogene BRCA1 False

2-Bronchiectasis is a premalignant lesion of bronchogenic carcinoma

True

### **SUGGESTED TEXTBOOKS**



- 1- Kaplan Medical step 1, lecture notes in Pathology: Chapter
- 14, Respiratory system, pp. 125-143, 2017.
- 2- Hursh Mohan Text Book of Pathology, 7th ed. (2015):
- Chapter 14, Respiratory system, pp. 442-488.
- 3- Hursh Mohan Text Book of Pathology, 7th ed. (2015):
- Chapter 15, eye, ENT and neck, pp. 495-500
- 4- Robbins basic of Pathology, 10th ed. (2018): Chapter 13,
- Lung. pp. 495-549

